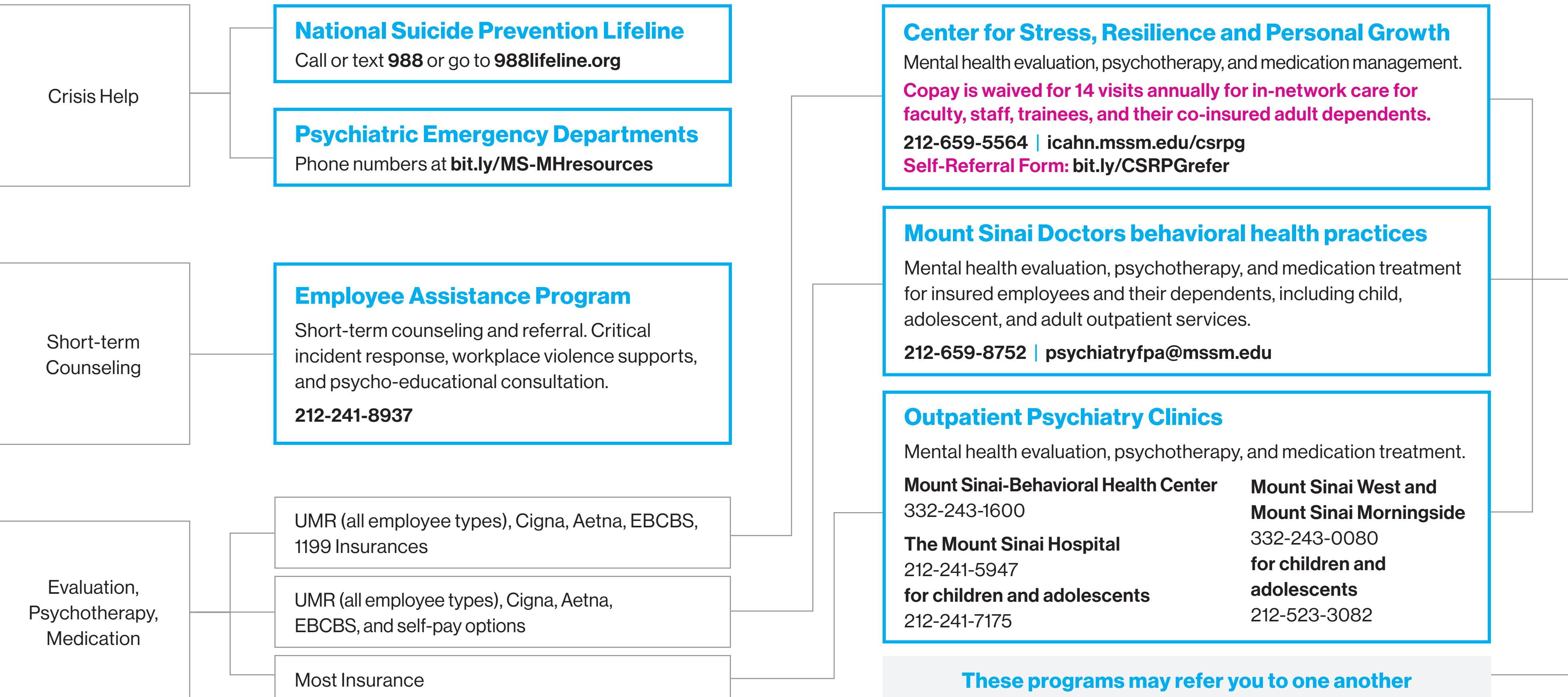


Mount Sinai Health System **Mental Health Resources***

I am a
**faculty or
staff
member**
looking for...

* All Mount Sinai mental health services are highly confidential with additional restrictions in the electronic health records to protect your privacy.



Mount Sinai Health System **Mental Health Resources***

I am a
**student,
resident,
or clinical/
postdoctoral
fellow**
looking for...

* All Mount Sinai mental health services are highly confidential with additional restrictions in the electronic health records to protect your privacy.

National Suicide Prevention Lifeline

Call or text 988 or go to 988lifeline.org

Psychiatric Emergency Departments

Phone numbers at bit.ly/MS-MHresources

WellConnect

Phone/internet-based short-term counseling.
Wellness resources and referrals. Household members can use this option.

WellConnect counselors are available for crisis and general mental health support 24/7.

212-241-2400 | 1-866-640-4777 (school code: ICAHN)

Short-term
Counseling

Evaluation,
Psychotherapy,
Medication

Center for Stress, Resilience and Personal Growth

Mental health evaluation, psychotherapy, and medication management.

Copay is waived for 14 visits annually for in-network care for faculty, staff, trainees, and their co-insured adult dependents.

212-659-5564 | icahn.mssm.edu/csrpg

Self-Referral Form: bit.ly/CSRPGrefer

Student and Trainee Mental Health

Mental health evaluation, psychotherapy, and medication treatment.
In-person and virtual options.

Appointments are free regardless of insurance. In-person and virtual options. Evening appointments available.

STMH@mssm.edu | bit.ly/MS-STMH

212-659-8805 | 9 am–5 pm, Monday through Friday

These programs may refer you to one another